

JULY 2018 ACTIVITY CALENDAR

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
10:00 THRIFT SHOP OPEN	9:15 BINGO	9:45 JULY 11, 18, 25 CONVERSATION TABLE W/ BETTY	9:15 BINGO	10:00 DANCE AEROBICS
10:00 DANCE AEROBICS	9:30 JULY 17TH FRANK MASTERSON SENIOR ADVOCATE	9:45 MOVIE & SNACK	9:45 FAN FOOD JULY 12TH	10:30 ZUMBA GOLD
10:30 SIT & STRETCH	9:30 PROJECT CARE HEALTH SCREENINGS	10:00 OSTEO EXERCISE W/ CHARLENE	11:15 JULY 12TH MEDICARE QUESTIONS W/ MARGARET	10:30 SIT & STRETCH
10:30 ZUMBA GOLD	10:00 CHAIR ZUMBA W/ IRINA	10:30 DANCE AEROBICS		<u>WALMART TRANSPORT</u> JULY 6,13,20,27 FOR TRANSPORT SIGN UP IN OFFICE ON MONDAY FOR EACH WEEK
12:45 MOVIE & SNACK	1:00 TAI CHI IN BINGO ROOM	12:00 CAREGIVER SUPPORT GROUP & LUNCH W/ BETTY JULY 11TH & 25TH		
1:00 LINE DANCING			JULY 26TH SPECIAL LUNCHEON 11:30 TO 2:30 W/ DJ TOM PARRIS	
<u>DO YOU KNOW A SENIOR WHO WOULD LIKE A FRIENDLY PHONE CALL ? JOIN OUR "SKIT" PROGRAM "SENIORS KEEPING IN TOUCH" AND YOU WILL RECEIVE A FRIENDLY HELLO MONDAY THRU FRIDAY</u>	<u>ARE YOU 60 YEARS OLD OR ABOVE? DON'T FEEL LIKE MAKING A MEAL? COME TO THE CENTER FILL OUT A REGISTRATION CARD AND HAVE A NOON TIME MEAL WITH US AT THE SENIOR CENTER</u>	<u>CENTER CLOSED 4TH OF JULY</u>		

