

EVERY <u>MONDAY</u>	EVERY <u>TUESDAY</u>	EVERY <u>WEDNESDAY</u>	EVERY <u>THURSDAY</u>	EVERY <u>FRIDAY</u>
10:00 THRIFT SHOP OPEN 8:30 to 10:30	9:15 BINGO	10:00 OSTEO EXERCISE	9:15 BINGO	10:00 DANCE AEROBICS
10:00 DANCE AEROBICS	9:30 OCT. 17TH SENIOR ADVOCATE FRANK MASTERSON	10:30 DANCE AEROBICS	<u>NO BINGO OCT. 19TH !!!!</u>	10:30 SIT & STRETCH
10:30 SIT AND STRETCH	10:00 PROJECT CARE HEALTH SCREENINGS	10:30 SINGING SENIORS	9:45 FAN FOOD OCT. 12TH	
10:45 ZUMBA GOLD	10:00 CHAIR ZUMBA W/ IRINA	11:00 CHAIR YOGA IN THE BINGO ROOM	SUFFOLK COMMUNITY COLLEGE	10:45 ZUMBA GOLD
12:45 LINE DANCE LESSONS	11:15 MEDICARE / OPEN ENROLLMENT HEALTH PLANS <u>W/ MARGARET</u>	1:00 MEDICARE / OPEN ENROLLMENT HEALTH PLANS W/ CINDY	NURSING STUDENTS WILL BE HERE TO VISIT OCT. 12TH	
12:45 MOVIE OF THE WEEK	12:45 MOVIE OF THE WEEK	12:45 MOVIE OF THE WEEK		
SPECIAL EVENTS	ATTENTION PLEASE !!!	SPECIAL EVENTS	ATTENTION PLEASE!!!	SPECIAL EVENTS
<p><u>PLEASE</u> <u>APRIL STARTED OUR</u> <u>NEW YEAR FOR</u> <u>REGISTARATION</u> <u>AT THE CENTER</u> <u>EVERY ONE MUST FILL</u> <u>OUT A NEW</u> <u>BLUE REGISTRATION</u> <u>CARD !!!!!!!</u></p> <p><u>CENTER CLOSED !!!</u> <u>MONDAY OCT. 9TH</u> <u>COLUMBUS DAY</u></p>	<p><u>PLEASE!!!</u> <u>YOU MUST PRE REGISTER</u> <u>IN PERSON</u> <u>IN THE MAIN OFFICE</u> <u>NOT OVER THE PHONE!</u> <u>FOR ALL OF OUR</u> <u>SPECIAL EVENTS</u></p> <p><u>THANK YOU !!</u></p> <p><u>GET YOUR COSTUME READY!!</u> <u>HALLOWEEN SPECIAL</u> <u>OCTOBER 31ST</u></p>	<p><u>ON WEDNESDAYS</u> <u>LUNCH WILL BE SERVED</u> <u>AT 12:15</u> <u>THRU</u> <u>NOV. 15TH</u></p> <p><u>HOLIDAY SHOPPING</u> WED. OCT. 4TH CHRISTMAS TREE</p> <p>WED. OCT. 11TH TARGET</p> <p>WED. OCT. 18TH KMART</p> <p>WED. OCT. 25TH CHRISTMAS TREE</p>	<p><u>90 AND OVER</u> <u>CELEBRATION</u> <u>OCT.19TH</u> <u>1 TO 4</u> <u>PRE REGISTER PLEASE</u></p>	<p><u>SHOPPING SCHEDULE</u> FRI. OCT.6TH WALMART</p> <p>FRI. OCT.13TH WALMART</p> <p>FRI. OCT.20TH WALMART</p> <p>FRI. OCT.27TH WALMART</p> <p><u>SIGN UP WEEKLY</u> <u>AT FRONT DESK</u> <u>PLEASE</u> <u>FOR ALL SHOPPING TRIPS</u> <u>WEDNESDAYS</u> <u>INCLUDED</u></p>