

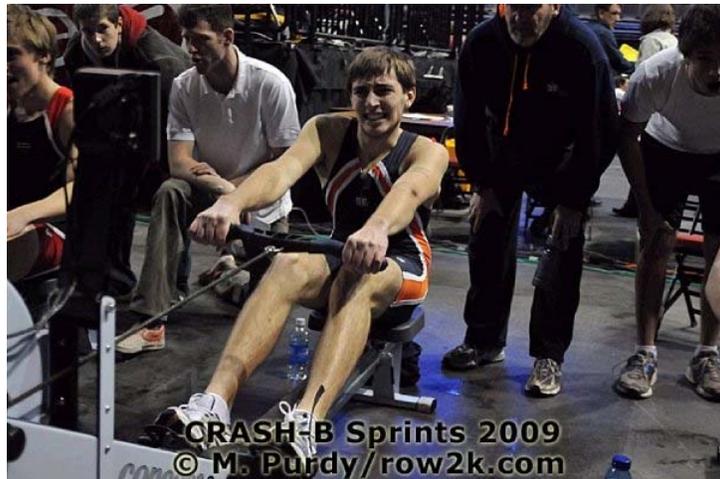
East End Rowing

December 28, 2016 at 6:30pm

30 Mc Dermott Ave. Riverhead NY 11901

Winter Break Rowing Instruction
Riverhead Town Residents

FREE



Proper way to ERG

Basic rowing oar handling

Sweep oars ~ Sculling oars