

# DECEMBER 2018

## Riverhead Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHEESEBURGER SPINACH BEETS	4 CHICKEN PARMESAN PENNE PASTA ITALIAN BLEND VEG	5 L.S.TURKEY & CHEESE ON WHEAT ROMAINE SALAD COLESLAW	6 BEEF STEW POTAOES EGG NOODLES CARROTS	7 BATTERED DIP COD SPANISH RICE BRUSSEL SPROUTS
10 LEMON CHICKEN WILD RICE OKRA W/GARLIC	11 SAUSAGE & PEPPERS ORZO CAULIFLOWER	12 MEATBALLS W/GRAVY EGG NOODLES BROCCOLI	13 CHILI OVER RICE NORMANDY BLEND	14 GARLIC SHRIMP BARLEY SPINACH
17 CHICKEN CORDON BLEU CORN COLLARD GREENS	18 ITALIAN MEATBALLS SPAGETTI ZUCHINI	19 L.S.HAM STEAK SWEET POTATO BRUSSEL SPROUTS	20 POT ROAST MASHED POTATOES BROCCOLI	21 KRAB CAKES MACARONI AND CHEESE OKRA W/TOMATO
24 1/4RD BBQ CHICKEN STUFFING BROCCOLI/CAULIFLOWER CORN BREAD	25 CLOSED 	26 EGGPLANT ROLLATINI PENNE PASTA ZUCHINI	27 MEATLOAF W/GRAVY MASHED POTATO SPINACH	28 STUFFED SOLE WILD RICE BROCCOLI W/GARLIC
26 OVEN FRIED CHICKEN GARLIC MASH POTATOES COLLARD GREENS				

**MENU SUBJECT TO CHANGE WITHOUT NOTICE !**