

# AUGUST 2021 DZ APPROVED

## Riverhead Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>DINNER ROLL TERIYAKI CHICKEN VEGGIE RICE BROCCOLI MELON SALAD</p>	<p>3</p> <p>RYE BREAD STUFFED PEPPERS RED POTATO CAULIFLOWER FRESH ORANGES</p>	<p>4</p> <p>LS HAM /SWISS ON WHEAT ROMAINE SALAD COLESLAW TROP FRUIT MIX</p>	<p>5</p> <p>SHEPHERD'S PIE MASHED POTATO PEAS CARROTS FRESH BANANA</p>	<p>6</p> <p>BATTER DIP COD EGG NOODLES OKRA W/GARLIC WHOLE PLUM</p>
<p>9</p> <p>DINNER ROLL BALSAMIC CHICKEN RICE PILAF KALE W/ GARLIC CHILLED PINEAPPLE</p>	<p>10</p> <p>LS CHEESE BURGER BROCCOLI MIXED VEGGIE CHOCOLATE PUDDING</p>	<p>11</p> <p>SEAFOOD SALAD MAC SALAD TOMATO/CUKES FRUITED JELLO</p>	<p>12</p> <p>HAM STEAK SWEET POTATO BRUSSEL SPROUTS PEARS</p>	<p>13</p> <p>KRABBY CAKE CORN COLLARD GREENS MANDARIN ORANGES</p>
<p>16</p> <p>CHICKEN CORDON BLEU RED POTATO SPINACH CITRUS SALAD</p>	<p>17</p> <p>ITALIAN BREAD ITALIAN MEATBALLS PASTA ZUCCHINI FRESH APPLE</p>	<p>18</p> <p>CHICKEN SALAD CORN SALAD BEET SALAD FRUIT COCKTAIL</p>	<p>19</p> <p>DINNER ROLL HOT TURKEY STUFFING GREEN BEANS MELON SALAD</p>	<p>20</p> <p>POTATO CRUSTED COD EGG NOODLES BROCCOLI CHILLED PEACHES</p>
<p>23</p> <p>DINNER ROLL CHICKEN FRANCAISE MASHED POTATO YELLOW SQUASH MANDARIN ORANGES</p>	<p>24</p> <p>1/4 BAKED CHICKEN BAKED BEANS CAULIFLOWER APPLESAUCE</p>	<p>25</p> <p>CHEF SALAD W/ HARD BOILED EGG PASTA SALAD WHOLE ORANGES</p>	<p>26</p> <p>MEATLOAF W/ GRAVY SCALLOPED POTATO BRUSSEL SPROUTS MIXED FRUIT</p>	<p>27</p> <p>SHRIMP SCAMPI WHITE RICE SNAP PEAS &amp; CARROTS BROWNIE</p>
<p>30</p> <p>CORN BREAD OVEN FRIED CHICKEN ROASTED POTATO COLLARD GREENS PINEAPPLE RINGS</p>	<p>31</p> <p>DINNER ROLL SAUSAGE &amp; PEPPERS BOILED RED POTATO BROCCOLI MELON SALAD</p>			

**MENU IS SUBJECT TO CHANGE AND MAY BE DIFFERENT FOR MEALS ON WHEELS**