

**DECEMBER 2022 RIVERHEAD SENIOR CENTER ACTIVITIES 631-727-3200 EXT 290
TRANSPORTATION IS PROVIDED IF YOU ARE AGE 60 AND ABOVE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 DANCE AEROBICS</p> <p>10:30 SIT & STRETCH W/ PAT</p> <p>11:00 LINE DANCING</p> <p><u>CENTER CLOSED</u> <u>DECEMBER 26TH</u> <u>CHRISTMAS HOLIDAY</u></p> <p><u>SCOFA</u> <u>SENIOR ADVOCATE</u> <u>DECEMBER 19TH</u> <u>10AM TO 12 PM</u></p>	<p>BINGO STARTS 9AM TO 11:30 JOIN IN ANYTIME</p> <p>DO YOU KNOW A SENIOR WHO WOULD LIKE A FRIENDLY PHONE CALL? JOIN THE "SKIT PROGRAM" "SENIORS KEEPING IN TOUCH" AND YOU WILL RECEIVE A FRIENDLY HELLO MONDAY THRU FRIDAY GIVE THE CENTER A CALL WE WILL ADD YOUR NAME TO THE PROGRAM</p>	<p>10:00 OSTEO EXERCISE W/ CHARLENE</p> <p>10:30 DANCE AEROBICS</p> <p><u>WALMART</u> YOU GO TO STORE ON TRANSPORT FROM HOME GET PICKED BACK UP HAVE LUNCH AT CENTER HOME AFTER LUNCH YOU MUST CALL THE OFFICE TO MAKE RESERVATION BUS SEATING IS LIMITED <u>LIMIT 2 BAGS !!</u> <u>ATTENTION !!!!</u></p>	<p>BINGO STARTS 9AM TO 11:30 JOIN IN ANYTIME <u>NO BINGO DEC.15TH</u></p> <p>9:30 MOVIE IN AUDITORIUM <u>NO MOVIE DEC. 15TH</u></p> <p><u>DECEMBER 8TH</u> <u>HAPPY BIRTHDAY</u> <u>CAKE DAY !!</u></p> <p><u>HOLIDAY PARTY</u> <u>DEC.15TH</u> <u>11:00 TO 2:00</u> <u>YOU MUST</u> <u>PRE REGISTER</u> <u>COST \$5</u></p>	<p>10:00 DANCE AEROBICS</p> <p>10:30 SIT & STRETCH W/ PAT</p> <p><u>TRANSPORT TO LOCAL</u> <u>GROCERY STORES</u> <u>AND DOCTORS</u> <u>PROVIDED ON</u> <u>LIMITED BASIS</u></p>