

JUNE 2019 ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:30 to 10:30 THRIFT STORE</p> <p>10:00 DANCE AEROBICS</p> <p>10:30 JUNE 10,17, 21,28 SIT & STRETCH</p> <p>10:30 ZUMBA GOLD</p> <p>12:30 MOVIE</p> <p>1:00 LINE DANCING</p> <p><u>DO YOU KNOW A SENIOR WHO WOULD LIKE A FRIENDLY PHONE CALL ? JOIN OUR "SKIT" PROGRAM "SENIORS KEEPING IN TOUCH" AND YOU WILL RECEIVE A FRIENDLY HELLO MONDAY THRU FRIDAY</u></p>	<p>9:15 BINGO</p> <p>9:30 PROJECT CARE FREE SCREENINGS FOR BLOOD PRESSURE BLOOD SUGAR BLOOD OXYGEN WEIGHT</p> <p>9:00 TO 12:30 JUNE 18TH SR. ADVOCATE FRANK MASTERSON</p> <p>10:00 CHAIR ZUMBA W/ IRINA</p> <p><u>ARE YOU 60 YEARS OLD OR ABOVE? DON'T FEEL LIKE MAKING A MEAL? COME TO THE CENTER FILL OUT A REGISTRATION CARD AND HAVE A NOON TIME MEAL WITH US AT THE SENIOR CENTER</u></p>	<p>8:30 to 10:30 THRIFT STORE</p> <p>9:45 JUNE 5, 12 CONVERSATION TABLE W/ BETTY</p> <p>10:00 OSTEO EXERCISE W/ CHARLENE</p> <p>10:30 DANCE AEROBICS</p> <p>11:00 - 12:00 CHAIR YOGA JUNE 5, 12, 19 IN BINGO ROOM</p> <p>12:00 JUNE 19TH FATHER'S DAY LUNCH</p> <p>12:30 MOVIE</p>	<p>9:15 BINGO</p> <p>9:45 JUNE 13TH FAN FOOD</p> <p><u>WALMART TRANSPORT</u> JUNE 6, 13, 20, 27 FOR TRANSPORT SIGN UP IN OFFICE ON MONDAY FOR EACH WEEK</p> <p><u>JUNE 14TH</u> <u>11:30 TO 2:30</u> <u>SENIOR PROM</u></p> <p>12:30 REIKI CIRCLE JUNE 28TH LET OFFICE KNOW IF YOU ARE ATTENDING PLEASE</p>	<p>10:00 DANCE AEROBICS</p> <p>10:30 ZUMBA GOLD</p> <p>10:30 JUNE 10, 17, 21, 28 SIT & STRETCH</p>

